

# VWEG--Ninja Monkey Parkour Classes

## What to Expect from Your Ninja Class

1. Try not to compare your child to other children in class. All kids learn in different ways and work at different levels even though they may be the same age and in the same class. Our instructors are trained to teach various levels, even in the same class. Remember that some of these students have had previous instruction and may already be comfortable with our facility and the way classes are run. You will probably be surprised at what your child learns from watching other students in the class. If you feel your child needs more help; consider a second class or ask the instructor for pointers on how you can help them to improve their ninja skills.
2. Most parents stay and watch the class, but it is not mandatory. If you have to leave, please tell the instructor and/or someone at the customer service desk and leave a cell phone number in case of emergency.
3. Remind your child to listen to their teacher. The gym can be noisy and they will have to pay attention to what is happening in their class. It is important they don't leave the class to go out to the lobby to see their parents. We strive to teach your children Ninja skills. Remember this is not open gym time and the students must stay with their class.
4. Try not to "coach" your child from the bleachers. Praise is the best motivator for kids, so that's what we encourage. If there is a discipline problem, since you know your child best, the instructor will ask for your guidance.
5. Required apparel for all Ninja classes is the Ninja t-shirt, black shorts and parkour shoes or shoes with a flat sole like vans or converse (make sure the shoe is easy to put on and off of the athlete. Velcro shoes are recommended).