

Your Enrollment Info for Valley-Wide Elite Gymnastics

Thank you for registering for classes at Valley-Wide Elite Gymnastics!

1. Please arrive 5-10 minutes before your class time, or earlier if you need to purchase apparel.
2. All parents must keep an eye on their children before class begins and on their child's non-participating siblings during and/or between classes. Siblings are not allowed inside the gymnastics area during your child's class.
3. All parents must come in with their child on the first day of class in order to be sure we have a signed online policy agreement for your child. There will be a nametag for your child to wear to the first class to be picked up at the gymnastics table.
4. There is a designated table for water bottles and shoes to be placed under the table in each gymnastics room. Gymnast's will wait with their parents until the instructor calls the athlete's class out on the gymnastics mats.
5. Remind your child to go to the restroom before class starts. If they do have to use the restroom, make sure that they ask the teacher's permission and that they don't just leave the group.
6. Every adult and child who goes onto the floor of the gym must have an updated online policy agreement on file with us. If another adult attends class, other than the one who originally registered the student, they must go to the gymnastics front desk to be added to the online policy agreement. If a sibling is brought out on the floor, that child's name must be entered onto your account and online policy agreement as well.
7. Every adult who attends class is required to wear socks and comfortable clothing. There is a designated table INSIDE the gymnastics area that each parent can use to store their shoes and belongings. If a parent forgets their socks they will be asked to purchase a pair from our office. No street shoes can be worn in the gymnastics area.
8. Try not to compare your child to other children in class. All kids learn in different ways and work at different levels even though they may be the same age and in the same class. Our instructors are trained to teach various levels, even in the same class. Remember that some of these students have had previous instruction, and may already be comfortable with our facility and the way classes are run. You might be surprised at what your child learns from watching other students in the class.
9. If you feel your child needs more help, consider a 2nd class, private lesson, or ask the instructor for pointers on how they can improve their technique or gymnastics skills.

PRESCHOOL CLASSES

What to Expect From Your Parent-and-Tot & Preschool Kinder & Preschool TumbleBear Gymnastics Classes:

You're about to start a journey with your child that will bring you together to celebrate fitness and gymnastics. The sport of gymnastics is the basis of all other sports and will later help them in sports such as soccer, football, basketball, hockey and volleyball. Our goal is to provide you with an avenue that you can use to become closer to your child. Your parent-and-tot class here is a unique situation where YOU get 30-minutes of uninterrupted QUALITY time to spend out on the floor with your child. Think about it--you don't get to join them on the soccer field, the basketball court, or in kindergarten--you do at Tumblebear Gym. Make the most of every special moment. Lots of praise and hugs should be the mainstay here in class. Our philosophy here at Tumblebear is to teach gymnastics, keep your child safe, have fun, and enhance their self-esteem. Below are some policies that will help make this experience as comfortable as possible for both you and your child.

1. During the class if your child doesn't cooperate and wanders off to do their own thing, don't be up-set with them. Encourage them to come back to the group. But if they start doing another activity that you know is something they have done in class before, let them do it and help them. This is a child-directed class. Look for a "teachable moment". Once they "do their own thing", they may look over at the group and decide that what they're doing looks like fun, and will hopefully re-join the class.
2. There are many benefits to attending a class like this for both you and your child. This is a place where many friendships are created. We strongly encourage you to talk to other parents before and after class, because it's hard for other parents to hear the instructor if you're talking during class. Ask if they'd like to go out to lunch with you or make a play date with you. Use this unique opportunity to meet new people and create new friendships for you and your child.